PHYSICAL EDUCATION ACTIVITIES:
Students will obtain, process, and demonstrate skills in a variety of activities/games in a safe and organized environment. The student will gain knowledge pertaining to rules of the games and fitness advantages of being physically active. The student will also see a progress in fitness level by completing basic fitness skills test.

Colorado State Standards PE/Health:
1. Students demonstrate competent skills in a variety of physical activities and sports
2. Students demonstrate proficiency and growth in fitness skills.
3. Utilize knowledge and skills to enhance mental, emotional, and social well-being
4. Exhibit responsible personal and social behavior that respects self and others in physical activity settings
5. Apply knowledge and skills to make health-enhancing decisions regarding the use of alcohol, tobacco, and other drugs
6. Apply knowledge and skills that promote healthy, violence-free relationships
7. Apply personal safety knowledge and skills to prevent and treat intentional or unintentional injury

GENERAL POLICIES/ SCHOOL WIDE POLICIES:
A standard guideline concerning topics of attendance, truancies, plagiarism, dress code, electronics, and late assignments will be strictly enforced by all JH teachers. The Core Teachers have written these guidelines in a standard syllabus to be read and signed by all students and parents/guardians. I will uphold and follow all standard Policies/Procedures set by the JH Faculty.

LATEWORK/HOMEWORK:
Occasionally, students will be assigned written assignments/discussion questions or health assessments. My late-work policy is as follows:
1. I will accept a late assignment ONE day late for Half Credit.
2. I will not accept late work after a one week deadline, your student will receive a zero for any written assignment not turned in prior to the one week late-work deadline.

CLASSROOM MANAGEMENT GUIDELINES:

Discipline Policy: It is important that the student, parent, and teacher communicate on a regular basis. Parental involvement is crucial in promoting, developing, and maintaining good behavior.

Students are expected to adhere to the JA Parent/ Student Handbook, Code of Conduct and the Jeffco Public School Handbook procedures and policies.

GRADING PROCEDURES:

Standards are the same as in Parent/ Student Handbook:

A = 90 – 100
B = 80 – 89
C = 70 – 79
D = 60 -69
F = Below 60

Students will be graded by a TOTAL POINT SYSTEM.

GRADING TASKS/POINT VALUES FOR PE:

1. WEEKLY PE POINTS: (15pts DAILY)
   a. Attendance............ = 5pts. Daily
   b. JA PE attire/dress out = 5pts. Daily
   c. Participation.......... = 5pts. Daily

*** PLEASE NOTE: If a student does not dress out, and does not have a written note from parent or Doctor, the student will receive 0 out of 15 pts possible that day. If the student only wears the PE t-shirt, but does not wear shorts/sweats/tennis shoes as well, they will not receive the full credit for dressing out and only partial credit for participation.

2. FITNESS PROGRESS:

I will implement a fitness program so the students can see progress/ growth in their physical fitness development over the
course of the quarter. The students will participate in the Insanity Fit Test and record their progress on the Fit Test approximately 3 times during the quarter. Students will also participate in elements of the FitnessGram 2 times per quarter.

3. ASSESSMENTS/Written Assignments:
   - Unit Quizzes
   - Discussion Questions
   - Written Final Exam*

   ***A Student may be exempt from the Written Final Exam if the student has a 95% Grade in the PE Course and no Discipline Record within the class. Date will be determined prior to Written Final Exam.

Locker Room Behavior/locking up valuables:
   Students are to be quiet, polite, and respectful in the locker rooms for PE class. Students will be allowed 5 minutes to dress out before and after class. Students are not allowed to loiter or spend time in the locker rooms. Jefferson Academy is not responsible for any lost or stolen valuables. Students are encouraged to keep their valuables in a safe place.

Zero Tolerance:
   In PE, as in any classroom environment, there will be no tolerance for bullying, verbal harassment, or teasing. If your student feels uncomfortable with any situation before, during, or after PE class, they are strongly encouraged to speak to me or with the administration. If your student is offended in any way, please let me know of the incident as soon as possible so that it can be dealt with in the appropriate manner. Please remember that it is hard for me to “see” and “hear” everything in PE class because the students are actively participating and I am constantly moving from group to group or team to team. Also, many of the incidents could happen as students are going back into the gym from being outside, or in the locker rooms. I want to encourage a safe environment for all of my students, but I need to know when/if the student is offended about any incident in my class.

Communication Policy:
   I will be available to communicate with you via several means:
   1. Best way: email jgregory@jajags.com
   2. Phone: Cell 385-887-4811
SUPPLIES FOR PE:
1. JA PE T-shirt (If students have an “old” JA PE T-shirt, they do not have to purchase a new one. They are allowed to wear “old” JA PE t-shirts. If students need a JA PE t-shirt, they can purchase one for $5 from Ms. Gregory, cash or check made out to JA.)
2. Athletic shorts or sweats/capri’s
3. Tennis Shoes
4. PE Journal or Notebook Paper
5. Deodorant

Please scroll down to the Signature Page to Print, Sign, and Return.
Student & Parent Signature Page.

Please print the Signature Page, sign and date it, return to Ms. Gregory by Due Date for the student to receive 25 point credit. For full points you must also enter the class code aa7ozfq and join my google classroom (parents are welcome to join also).

Print Student Name: _____________________________________________

Student email: _____________________________________________

Student Signature: ___________________________ Date__________

Print Parent Name: _____________________________________________

Parent Email: _____________________________________________

Parent Signature: ____________________________ Date__________