



# JAGWIRE

Fall 2022 - Issue 1 - New Rules New Normal



## Policing Policy

With the new school year comes new school policies. The administration has put into place new rules for this school year in hopes of creating a different, and hopefully better, environment for JA students and staff.

Page 2

## Control the Challenge

Senior year comes with a multitude of challenges, one of which is the process of applying for colleges. Many students wonder how the college application process will work and what resources are available at JA.

Page 7

## Fresh Faculty

Every new year brings with it fresh faces. This year, Jefferson Academy welcomed a wide array of faculty and staff. Here's a crash course on some of JA's new arrivals.

Page 9

## Softball Swings into JA

As JA welcomes its first softball team the beginning of an historic season after the addition of the high school girls' softball team proves to all students that if enough people want something, it can be done.

Page 10



The ring of the bell causes a commotion of students in the halls heading to their first class, and as soon as they hit the doorway, the sight of the bright yellow phone jail brings dread with an audible groan.

There were many new policies, but the most substantial are locked doors, phone jail, and the hall passes. These were created to solve problems seen in the past such as distractions of students on phones, wandering the halls, and their overall safety.

The new bright pink hall passes are for any time a student is leaving the classroom, no matter if they are just getting water or are going to see someone in the office. When students need to go somewhere, teachers have to write them a pass, which will say where they are going and where they are coming from. This is to make sure everyone is in the right place and to minimize the lost time in the classroom from students wandering the halls.

“We implemented this system so a conversation would take place between the student and the teacher, so the teacher can know exactly where the student is supposed to be,” said Principal Mrs. Grantham.

Another policy that causes the most annoyance to the students is the “phone jail.”

During class, students must put their phones up in a holder and must leave them there until the bell rings, unless they receive permission to use it during class. The main reason for this policy is just to optimize engagement and lessen the distraction of students having their phones during class.

This policy is not new either; before Covid-19 it was put into place for a small period of time, but it was not until now that the teachers and staff began really cracking down and enforcing this rule.

“When we implemented this prior to Covid, we saw some really great results. We saw that discussions were better, fewer students actually left the classroom, and we felt that the learning was better,” said Grantham.

While there are some complaints from the students over this specific rule, most just see it as bothersome and irritating, rather than a rule with disagreeable reasoning.

**CONTINUED ON PAGE 5**

## Policing Policy

by Mackenzie Estep

# JAGUAR JAUNTS

by Mackenzie Estep

Blissful sleeping in, excessive free time, and the amazing feeling of not having to go to school every day has come to a devastating and much too quick end for the Jags.

The start of the school year has caused many students to reminisce over their summer break. From just hanging out, working all day, or traveling the world, JA students had quite the summer experience.

Most of the older jags spent their summer working, one of whom was junior Stori Blois, who spent her summer working at Chick-fil-a and Panera.

“It was actually really fun. I met a lot of new people and learned a lot about working and things. I think honestly it made me a better person too. Also making money was definitely a perk,” said Blois.

Whether it was to make a little money, or just get out of the house and have somewhere to go, the experience of working was very different compared to summers full of free time.

Working, especially if it is for the first time, can feel very different and be a huge learning experience.

“Honestly, this summer didn’t really feel like summer. I mean, yes, it was nice not having school, but that was the only thing that was different,” said Blois.

Marina Munir, a junior who worked at Water World this summer, added, “It definitely felt weird because I had a lot more responsibility and control over my schedule. Working with friends helped because we were all going through the change together, which made it less strange.”

While their classmates spent the summer working hard, some students spent their time traveling. Without the stress of school or work, some were

able to have a relaxing summer, such as junior Grace Navas Lillie.

“I visited my family in Wisconsin. My grandma has a cottage up there. She lives right by a lake, so we went on kayaks, swam, and had campfires. I had a very good time up there. I really enjoyed taking time to relax in the quiet environment of the lake house,” said Navas Lillie.

Other students had great worldly travels this summer. Their break was spent getting away from everyday life and experiencing other countries and lifestyles.

“I went to Ireland this summer and the country was really pretty. I stayed in a castle too, which was really cool. There was a lot of good food. I had a great time experiencing a country with a different culture,” said junior Kate Rock.

Like Rock, sophomore Taylor Yoon spent the summer learning about culture.

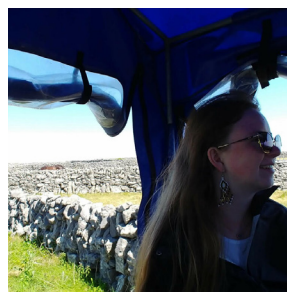
Though, instead of experiencing a culture different from her own, she spent time learning more about her own and her family’s roots.

“I went to a Korean Heritage camp which was really fun. I learned a lot about Korean history and Asian culture, which was awesome. I had a lot of fun,” said Yoon.

While many traveled and had very busy schedules throughout the summer, some JA students emphasized the “break” in summer break. Taking time to themselves and enjoying time off school was the experience of the majority of students this summer.

One of these students was sophomore Monica Slusser. “This summer I mostly hung out at home and relaxed. It was really nice to catch up on sleep and work more on personal hobbies,” said Slusser.

No matter how the Jags spent their summer, it is time for students to attempt to lose the summer break mindset and try to get back in swing of the school schedule, at least for the next 150-or-so school days.



# LAMENTED LIBRARY

by Rhea Alexander

Since Ms. Buechner completed her JA career this past May, the school has been short a librarian. Initial plans for the library included having SLAB (Student Library Advisory Board) members run the library and having students check out books themselves, but the staff quickly realized that both of these plans would not work well.

Despite several early ideas, the admin has arrived at the conclusion that the school library cannot be maintained without a librarian. With the job posting for “Digital Teacher Librarian” published, the school leadership is actively searching to fill the vacancy.

With the closing of the library, students commonly have two main complaints: not being able to use the printer and not having a study space. While a library’s main purpose may still be to store and share books, it is clear to see that the school library serves far more purposes than one for the students of Jefferson Academy.

“I think it’s really important for a school of excellence to have a library,” states Tessa Stadler, co-president of SLAB. “A library is a place of knowledge and discussion, and a library is necessary for a school, especially one like ours.”

Stadler’s feelings on the lack of access to the library represent the general opinion of SLAB members, who have been hit the hardest by the temporary closure. For a club revolving around books, migrating from the library has come with its fair share of obstacles. Namely, planning Banned Books Week has proven to be the hardest challenge yet. SLAB members have spent the early part of the school year brainstorming and organizing events for this fast-approaching event.

“Banned Books Week, for example, has been a hard one to plan for us,” comments SLAB vice-president Elise Lien. “It’s tough to plan a week about books when you don’t have access to said books.”

In addition to Banned Books Week, another hurdle for SLAB this year is finding a new advisor. With Ms. Buechner out of the picture, Ms. Davis stepped into the new role as SLAB advisor because of her friendship with Ms. Buechner and her love for reading. With a collection of books in her room and many more on the way, SLAB has planned for book club meetings to go on as planned. Ms. Davis, in her role as advisor, helps SLAB coordinate such events and keep up with all the housekeeping needs.

“Being the advisor for SLAB is like most things I do; when you like your job it’s not really work,” shares Ms. Davis.

# POLICING POLICY CONTINUED

CONTINUED FROM PAGE 2

“I think in theory the phone jail was a good idea, but I don’t think that there was really a problem to begin with, at least in my classes,” said junior Leia Michel.

The biggest, and probably most impactful of the new policies is locked doors. During class, teachers are asked to close and lock their door, and have students knock on the door in order to be allowed in. The reasoning behind this policy is just to enhance the overall safety of the students and the school. With recent events in America, the administration wants to have extra protocols in order to keep students safe if something were to happen.

“We feel like if a door is already locked, and a threat of any kind comes into our building, that’s one less step that the teachers and students would have to do in order to protect themselves,” said

Grantham.

Along with the doors being locked during class, an important piece of this policy is that only the teacher is allowed to let someone in.

“We added the rule that only teachers can let a student into the classroom, and that’s because for me, it’s important that a teacher have eye contact and really make it a priority to know who is entering their classroom,” said Grantham.

While there is some discourse and varying opinions on the new rules, the one with the most agreement and least push back is the locked doors. Many students agree that locking the doors is an important practice for the safety of everyone in the school.

“I think the locked door thing is a good thing. It is a good safety measure that should be enforced,” said Junior Kian Mitchell-Sutera.

Whenever something new like these policies is introduced into a setting such as a school, there is going to be push back. There is always going to be some part of it that different people disagree with.

Freshman Levi Ross added, “I understand the reasoning behind the new policies including the door locking and the phone policy; however, they are an inconvenience to some students and teachers.”

Principal Grantham shares her view and response to this pushback: “I don’t want to create a school of students who don’t push back, I want everybody to question and really reach an understanding so that they understand why it is in place. Hopefully in the end they can agree with it, or at least live with it.”

# DANGEROUS DRIVING

by Maddie Leyba

Juniors and Seniors might be the top of the food chain in school; however, they are closer to the bottom when it comes to driving. From bouncing over the train tracks to honking at parents to turn on a blinking yellow light, students need to remember they might have seniority as a student, but not as a driver.

Safety is one of the most important parts of getting both to and from school during the day. While most of the rules and regulations have remained the same as in years previous, there's a new class of drivers this year and it never hurts to be too cautious.

Mrs. Porreco, the vice principal, mentioned a few rules admin is working to enforce this year. "We're really trying to focus on student and pedestrian safety. Students need to adhere to all the stop signs and all the crosswalk areas. We've had a problem lately with students going too fast in the parking lot. The maximum speed limit is 10 mph."

Adhering to speed limits and traffic signs helps the before and after school traffic flow meaning families get home quicker and safer. Even if there is no one else at the crosswalk, the law still requires drivers to come to a full stop.

"We've had problems with students when they are leaving school or coming out of the parking lot going very fast," Porreco notes, "There are students and pedestrians all around, students have to be very, very careful. The consequences for unsafe driving in the parking lot is losing the ability to park here. I have taken and I will take parking permits from students that are unsafe."

While it is important to adhere to traffic rules before and after school, it is also important to adhere to them during the school day as well. Whether it's leaving to grab food during an off-block or attend a lab at Front Range, it is important to put the safety of other drivers and pedestrians first. No one wants to lose their parking privileges for the year over a race to the 7-11 down the street.



"I think student driving in the parking lot could be a bit better," commented senior Jacob Sayre. "I see people cut through cones and drive irresponsibly."

However, students are not the only ones who need to obey the rules. Senior Sam Rizzo mentions having issues in the past with parents not obeying stop signs or traffic patterns. While some might view cutting in line as a harmless way to save time, others must deal with the unfair inconveniences it causes.

With all the warning given about obtaining a parking pass at the beginning of the school year, students might be wondering what it looks like to park without a pass. If it is a temporary deal (student is driving a different car than normal but has paid for a parking pass), they can go to the office and acquire a temporary parking permit. If the student has not paid for a parking pass, they are not allowed to park in the school parking lot. Violations of this code of conduct will result in the car being towed. Attempting to park in the parking lot across the street will also result in the car being towed or ticketed as it is not owned by the school.

Students should be aware that parking in the staff parking lot (near the west end of the parking lot) is prohibited, as is parking in senior parking spots (the painted spots) since they have purchased those. Parking in the visitor parking spaces at the front of the school is also prohibited and could result in the car being towed.

For students who are not able to drive themselves, they are advised to wait in front of the school. "Up in the front is a good place [to wait]," advises Porreco. "The best advice that I would give students is to find out where your ride is planning on picking you up: across the street or on the 7-11 side or if they are going to go through the line."

Mrs. Porreco also advises "students to encourage their parents to not stop right where they are [in the line] but to continue until they reach the car in front of them and the students can walk to get into the car. We have had parents who see their student and stop and that stops all the traffic."

# CONTROLLING THE CHALLENGE

by Eden Woodward

Senior year comes with a multitude of challenges, one of which is the process of applying for colleges. Many students wonder how the college application process will work, what colleges to apply to, and what resources are made available to them at Jefferson Academy.

Ms. LeValley, Jefferson Academy's post-secondary advisor, knows that she is here to help students through this crazy, and at times stressful, process.

"I think my job is to ease some of that stress, number one, that's truly what I see my job to be," commented LeValley regarding the college application process.

Some high school students who aren't seniors might already be dealing with the stress of college applications. To them, Ms. LeValley gives the following advice: "Be more in the present and be successful here. Remember you are in high school and enjoy this."

LeValley also gives a good reminder to be patient while leading up to the steps of college applications, stating, "They're thinking about the next step so much, which is brilliant and a very futuristic way of living. However, sometimes you're not enjoying the space you're currently in."

One of Jefferson Academy's most vital and well-known resources in the college application process is Senior Seminar. Senior Seminar is taught by both Ms. DeFiore and Mr. Thimsen, and its purpose is to equip seniors with all necessary tools to apply for college and be successful in all facets of life after exiting high school.

"Having been a mom of a son who went to a different school that did not have senior seminar: the application process, the scholarship process, résumé writing, cover letter writing; it's all very difficult, and this class allows students to put all of that together so they are ready for whatever post-secondary option awaits them," commented

DeFiore about her appreciation for the class.

A major aspect of senior seminar, however, is the seniors. While some students might feel as though the class helps them, others have some constructive criticism.

"I feel that senior seminar is sort of preparing me for college applications. Because there are a lot of other topics in senior seminar, like the major presentation, we don't actually spend that much time focusing on college applications and how to fill them out," remarked senior Alex Zhang.

When



asked why he thinks some students might have some complaints about senior seminar, Mr. Thimsen commented, "Because kids don't use their time wisely. It's not difficult work, sometimes there are just a lot of little details that kids don't necessarily want to do."

College applications go past senior seminar, however. The college search, application essays, as well as hopes and worries leave the classroom and go home with the students. Harvey Watson has some specific ideas when it comes to searching for colleges.

"I always like to make sure there

are some sort of technology engineering classes or something similar that complies with my intended field of study," remarked Watson about how he searches for schools.

When asked about his aspirations, Harvey responded excitedly, saying, "I really hope I can be accepted into an Ivy League. Besides an Ivy League school, I'm looking forward to applying for CU Boulder or Colorado School of Mines."

As seniors continue through the stressful process of figuring out life beyond high school, it may be best to follow Thimsen's advice: "Control what you can control. Stop listening to what people say and then experience it as yourself."

# CLUBBING AT JA

by Jacob Brackney & Maddie Leyba

Did you know that ketchup used to be sold in the 1830s as medicine? It was used to cure ailments like indigestion, and even jaundice. By joining the brand-new history club, you would become very familiar with these kinds of fun facts, all while diving a little deeper into specific topics of interest with other history lovers.

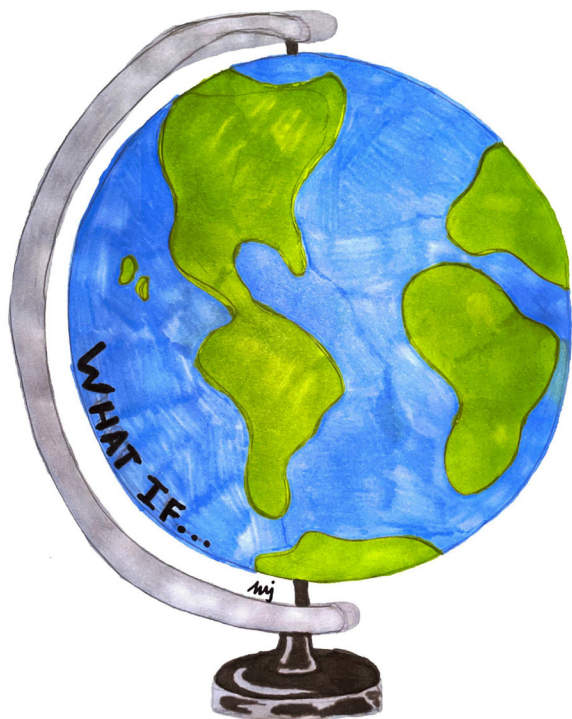
With the addition of all new clubs comes lots of planning, especially for potential sponsors. The sponsors of the history club, Mr. Page and Mr. Truta, have been planning for the launch of this club for a while, and have just now found the perfect time. This can be attributed to the rise in students passionate about history, and the sponsors wanting to give those students a place to put their love while furthering their education in specific history subject matters.

“Mr. Truta and I have been playing with the idea for a few years now and just decided now was the right time to send it out,” states world history teacher and club sponsor, Mr. Page. “We knew there was a pocket of history lovers out there passionate about the subject like he and I are.”

“What-if” questions tend to be very prevalent among historians. Therefore, there can be a wide range of topics to discuss. History, by definition, is very black and white, so it can be interesting to explore alternate outcomes of world-defining events, especially when it would change the course of civilization as we know it. These types of in-depth analyses are what eager, aspiring historians in high school deliberate with their sponsors, Mr. Truta and Mr. Page.

“Topics are fairly open-ended,” states club sponsor, Mr. Page. “But for the time being, we are engaging in an alternate history of what would have happened if China had discovered the Americas first instead of the Europeans.”

This new club will be meeting every Wednesday from 3:30 to 4:15pm in room 239.



## Additional New Clubs

### Slab - Tessa Stadler and Miss. Davis

While the Student Library Advisory Board (SLAB) is not a new club to JA, students might have noticed the absence of a librarian as well as regular access to the library. While this is unfortunate, it does not affect the club. This year the club is sponsored by Mrs. Davis while meeting times and places remain the same (officers meet 1st and 3rd Thursdays of the month during high school lunch while general members meet the 2nd and 4th Tuesdays of the month during high school lunch).

### Knit and Crochet Club - Mrs. Doyle and Addie Grip

The Knit and Crochet Club had been a prominent club pre-pandemic and recent interest has sparked its return. Senior Addie Grip has often spent her time either knitting or crocheting and her recent hand-crocheted blanket project has sparked interest in the renewal of the club. The club will teach people with a passion for the physical arts to both knit and crochet and everything in between. The club is open to both junior high and senior high. Meeting times are up in the air currently. If you have any questions reach out to either Addie Grip or Mrs. Doyle.

### 20,000 Shot Club - Mr. Sharpley

The goal of the 20,000 Shots Club is to shoot 20,000 basketball shots within a certain window of time (anywhere from 2-3 months) to win a shirt. A lot of the basketball boys are participating in this program and if you have any interest then reach out to Mr. Sharpley. The club takes place after school.

### Elementary School STUCO - Ferb

The elementary school has spent the last couple years trying to grow their student involvement in leadership. This year they have asked the high school's STUCO group to go to the elementary school and help lead the program. This opportunity is open to students in STUCO.

# FRESH FACULTY

by Rhea Alexander

Every new year brings with it fresh faces. This year, Jefferson Academy welcomed a wide array of faculty and staff. Here's a crash course on some of JA's new arrivals.

Hailing from six generations of teachers, Ms. Kylee Nelson is the newest language arts teacher for junior high. After graduating this past December, Ms. Nelson dove headfirst into the world of teaching. Someday, she would love to live in the Pacific Northwest to “live out her Twilight dreams,” or even live overseas in locations such as the Netherlands or Japan. Along the same line, Ms. Nelson's obsession with 80's movies explains why she would choose to live in the 1980s, an era of big boomboxes and even bigger hair.

“I love the fashion,” explains Ms. Nelson. “I just think that so much was happening around that time that it would have been really exciting to be a part of it.”

Besides her love for the Pacific Coast and 80's nostalgia, Ms. Nelson also officially declares that a hot dog is a sandwich (alongside tacos). When asked what advice she would give her younger self, Ms. Nelson shared a piece of wisdom that all students would do good to keep in mind.

“I wish I had learned to be kind to my future self earlier on,” shared Ms. Nelson. “Not just taking care of yourself in the moment but putting habits in place that might not be fun in the moment but you know will pay off later on.”

While some have been surrounded by teachers their whole lives, others take up the profession through a chance opportunity. This is the case with Mr. Dawson Lang, JA's new eighth-grade math and Algebra 1 teacher. When offered the chance to earn a college scholarship for teaching, Mr. Lang viewed it as the perfect opportunity to explore his interest in teaching and coaching.

“I love the atmosphere here and it's an amazing community,” remarks Mr. Lang. “I think the students are here to learn and that the culture

overall is just really great.”

Outside of his interest in education, Mr. Lang also enjoys basketball, softball, and watching movies. Continuing with the theme of sports, Mr. Lang hopes to one day visit every MLB stadium, with six crossed off his list so far. Adding on the wisdom bank for Jefferson Academy, Mr. Lang pitched in his two cents.

“Seize the day. You only get to live these years one time, so try to make the most of every opportunity you have. Go to all sorts of events and try to make

as many friends and connections as possible. It's a lot of fun, so just live it up.”

Mr. Nick Brazzel is teaching Teen Choices and Principles of Sustainability this quarter. Mr. Brazzel began his career as

a teacher two years ago, but he has always found himself in instructional situations as both a tutor and a guitar teacher.

“I'm a musician,” shares Mr. Brazzel. “I love to play guitar, bass, and drums.

I'm also in to writing and producing music, all that good stuff.”

Aside from music, Mr. Brazzel also enjoys hiking and climbing, which directly influenced his decision to move to Colorado. His love of climbing explains his wish to someday travel to the Andes Mountains and the Himalayas. Unsurprisingly, Mr. Brazzel's ideal day includes “camping, starting the day with an early hike, and then heading home with a huge burger.” Lastly, Mr. Brazzel also shared a piece of advice for the JA community.

“Practice your social skills,” recommends Mr. Brazzel. “It's not something you have or you don't, it's something that you have to work on throughout your life. The sooner you start practicing, the better off you'll be.”



# SOFTBALL SWINGS INTO JA

by Gianna Gagliano

Dirt flying, strikes, balls, outs and umpires. The beginning of an historic season after the addition of the high school girls' softball team proves to all students that if enough people want something, it can be done.

In past years, students have utilized the JA advantage option, where the athletes can participate in sports programs that JA does not offer, at other schools.

However, softball was a very popular sport amongst JA students. Due to this popularity, the administration found a coach, and soon after, a brand-new team was added to the list of sports offered at JA. This is very significant in regard to other sports teams that JA does not offer. It demonstrates that if enough people want a sport, a team can be created.

"I think the creation of the softball team is sort of a milestone," states junior softball

success. Getting in the right state of mind and working on skills that an individual needs to improve upon are crucial.

However, energy is one of the most important things to have before a game. If energy is low, it reflects how the team is going to perform during the game.

"We normally do a lot of practice on individual things we need to work on for the game," states Jett. "But we also do some team building stuff, hype each other up and just generally try to keep energy up."

The team's success this season



player, A.J. Jett. "It shows that with enough interest, anything can be created from the ground up, and if enough students want the sport, it can easily be added."

With a new team comes less stress, as well. Everyone is learning, which creates a less toxic environment. There is significantly less pressure, too. This can be attributed to the fact that there is no negativity when a player makes a mistake, creating a very supportive atmosphere.

"I think it is a lot more stress-free and there is less pressure," states sophomore softball player, Kris Kientz. "Our coach really encourages making mistakes; as long as you are putting in the effort to get better, then that is what matters."

Pre-game preparations are one of the keys to

can be measured by improvement. With many of the players being new to the sport, and having to build a team from the ground up, the Jags softball team has high potential and shows students what is possible at JA.

"I think we have improved a lot from week one to now" states Kientz. "We have a lot more experience now, and we work together, so hopefully we can start winning some games."

# SERVING UP A NEW SEASON

by Gianna Gagliano

Spike, serve, ace! The sounds of shoes squeaking and fans cheering are all signs that the high school girls' volleyball season is in full swing! With a new coaching staff, and lots of returning players, the success of this team is looking more promising than ever.

Coaches are a very important aspect of a team. They help with the development of every player and guide the team to achieve its goals, all while being positive role models that teenagers need in their lives. Therefore, new coach Alexa Bradford may be very beneficial to the team. She, along with her staff, can bring in fresh perspectives that will be significantly valuable.

"The new head coach is great," states junior volleyball player, Olivia Saenz. "She helped coach last year and she has some great advice and insight for the teams. She's very involved and friendly. The new assistant coach is also really great. She is very smiley, and since she's coming from coaching college, she has some great new advice and drills for the team. She understands different ways of approaching an issue, which is a great skill to have."

Success is an extremely important component to any athletic competition. This year, the volleyball team has found success by dominating their first

few games of the season. This can be attributed to the sisterhood/community that the team possesses.

"I think we are all putting in more effort as a team," says junior volleyball player, Freja Hampton. "We are trying our best to create a strong bond between one another, and with the coaches as well." Olivia Saenz adds, "I would say that the team has had success with planning events with each other to bond because we have had a few tie dye days, and we've brought back our gifts to players before games, which makes everyone happy and excited."

Although this team has found so much success, there is always room for improvement.

This can range from working individually to get better, to working as hard as possible during practice with a positive attitude and mindset. However, none of this can be accomplished without supporting each other.

"There have been a few struggles so far with making sure we work together, talk, and lift each other up during game play," states Saenz. "We are a new team and we're still adjusting to working with different groups of people than in previous years."

There is a lot to look forward to for these girls this season! Excitement seems to be a recurring word that the team uses to describe what they have ahead of them. With brand new ideas and coaching, enthusiasm is surrounding the squad.

"I would describe the season as exciting!" exclaims junior volleyball player, Stori Blois. "This is because we have a new coach and there is so much to look forward to with getting better, and playing the hard games, while having fun all at the same time."



# DETERMINATION AND DRIVE

by **Memphis Larson**

Nearly 100 degrees, the sun beating down, five kilometers of a grueling course as the challenge, and nothing but determination. Determination to finish, determination to beat the person in front of you, determination to set a new personal record. That is what it takes to be a member of the Jefferson Academy Cross Country team.

The JA-XC team has begun their season strongly, chasing their personal bests in adverse conditions. Running in anything from upper 90-degree weather to rain, the team trains hard to stay competitive.

“You do not really take it easy, but heat physically stops you from doing what you are really capable of,” explains Jacob Sayre. “Generally, when it is cold and cloudy out, that is good for times. In Greeley I ran a new personal best, while at the Legacy Lightning Invitational I was many seconds behind.”

The Legacy Lightning Invitational on September 2nd at the Broomfield County Commons was run in

96-degree weather, while the meet in Greeley was significantly cooler. Weather plays a role in every meet, but the effects are different on each person.

When it comes to their time off the track, the teams are still working toward their goals. Many Jags have hit their personal bests, and are still looking forward to catching their next one.

“I keep running because it helps you improve overall, you get more exercise, and it helps with your competitive spirit to work on your PR (personal record),” commented Maddie Lowe when asked about her motivation for participating in Cross Country. “My teammates are definitely the best thing about being involved.”

This past weekend Sean Beasley placed 7th with the boys’ team placing 5th overall. The girls’ team placed 3rd overall with Maya Ross placing 10th. The next meet will be the Invitational in St. Vrain on Saturday, September 17th.

